

बालविहार प्रार्थना

ॐ...ॐ...ॐ....

First Trimester

- १ एकदन्तं महाकायं लम्बोदरगजाननम् ।
विघ्ननाशकरं देवं हेरम्बं प्रणमाम्यहम् ॥
Ekadantam mahakayam lambodaragajananam
Vighnanashkaram devam herambam pranamamyaham.
O Lord Ganesha, who has a single tusk, mighty body, pendant bellied,
I pray to Thee Oh Lord, to remove the obstacles from all actions I intend to perform.
- २ गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।
गुरुरेव परं ब्रह्म तस्मै श्रीगुरुवे नमः ॥
Gurur Brahmaa Gurur Vishnuh Gurur Devo Maheshvarah;
Gurureva param Brahma tasmai Shree Guruve namah.
Guru is Brahma, guru is Vishnu, guru is Lord Maheshwara; guru is the visible
supreme divinity incarnate, salutation to that guru.
- ३ सरस्वति नमस्तुभ्यं वरदे कामरूपिणि ।
विद्यारंभं करिष्यामि सिद्धिर्भवतु मे सदा ॥
Sarasvati namastubhyam varade kaamaroopini
Vidyaarambham karishyami siddhir bhavatu me sadaa.
Salutation to you, O Saraswati, grantor of blessings and embodiment of all wishes;
I am getting inducted to studies, may there be fulfilment for me forever.
- ४ कराग्रे वसते लक्ष्मीः करमध्ये सरस्वती ।
करमूले तु गोविन्दम् प्रभाते करदर्शनम् ॥
Karaagre vasate Lakshmi, karamadhye Sarasvatee
Karamoole tu Govindam prabhaate karadarshanam.
At the fore of the hands resides Lakshmi, and at the middle, Saraswati;
at the root is seated Gauri, (so) see the palm of the hand at dawn (first).
- ५ ॐ सह नाववतु सह नौ भुनक्तु, सह वीर्यं करवावहै ।
तेजस्वि नावधीतमस्तु मा विद्विषावहै ।
ॐ शान्तिः शान्तिः शान्तिः ॥
Om saha naavavatu saha nau bhunaktu saha veeryam karavaavahai
Tejasvinaavadheetamastu maa vidvishaavahai,
Om Shaantih, Shaantih, Shaantih.
May he protect us both – the teacher and the taught. May he nourish us both.
May we acquire more strength (from knowledge).
May our study be enlightened and may we not dislike each other.

Balvihar Prayers

Second Trimester

- ६ सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयः । सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग् भवेत् ॥
Sarve bhavantu sukhinah, sarve santu niraamayaah;
Sarve bhadrani pashyant, maa kashchid dukhabhaag bhavet.
Oh Lord in Thee may all be Happy, may all be free from misery
May all realise goodness and may no one suffer pain.
- ७ ॐ भूर्भुवः स्वः । ॐ तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि । धियो यो नः प्रच्योदयात् ॥ ॐ ॥
Om bhur bhuvah suvaha, Om tat savitur vareNyaM, bhargo devasya dhimahi
Dhiyo yo nah prachodayaata, Om.
We meditate on the glory of the Creator, ; Who has created the Universe;
Who is worthy of Worship; Who is the embodiment of Knowledge and Light;
Who is the remover of all Sin and Ignorance; May He enlighten our Intellect.
- ८ ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
Om poornamadah poornamidam poornat poornamudachyate
Poornasya poornamadaaya poornamevaavashishyate.
That (pure consciousness) is full (perfect); this (the manifest universe of matter;
of names and forms being maya) is full. This fullness has been projected
from that fullness. When this fullness merges in that fullness, all that
remains is fullness.
- ९ ॐ त्र्यंबकं यजामहे सुगन्धिं पुष्टिवर्धनम् । उर्वारुकमिव बंधनान्मृत्योर्मुक्षीय मामृतात् ॥
Om Tryambakam yajamahe sugandhim pushtivardhanam
Urvarukamiva bandhanaat mrutyor mukshiya maamrutaata.
Om. We worship the three-eyed One (Lord Shiva) Who is fragrant and
Who nourishes well all beings; may He liberate us from death for the sake of
immortality, even as the cucumber is severed from its bondage (to the creeper).
- १० असतो मा सद् गमय । तमसो मा ज्योतिर्गमय ।
मृत्योर्मा ऽ मृतं गमय ॥ ॐ शान्तिः शान्तिः शान्तिः ॥
Asato Maa sat gamaya, tamaso maa jyotir gamaya
mrityor maa amrutam gamaya, Om Shaantih, Shaantih, Shaantih.
O Lord, please lead me from unreal to real. Please lead me from darkness to light.
(i.e. from ignorant to knowledge). Lead me from death to immortality.

Balvihar Prayers

Third Trimester

- ११ वक्रतुंड महाकाय, कोटिसूर्य समप्रभा ।
निर्विघ्नं कुरुमेदेव, सर्वकार्येषु सर्वदा ॥
Vakratunda mahaakaaya, kotisurya samaprabhaa;
Nirvighnam kurumedeva, sarvakaaryeshu sarvadaa.
O god with the twisted trunk, broad-bodied, brilliant as thousand suns, bless me with
freedom from obstructions and hindrances in all my works and for all times.
- १२ ओंकारम् बिंदुसंयुक्तम्, नित्यं ध्यायन्ति योगिनः ।
कामदं मोक्षदं चैव, ओंकाराय नमो नमः ॥
Aumkaaram bindusanyuktam, nityan dhyayanti yoginah;
Kaamadam mokshadam chaiva, aumkaaraaya namo namah.
Yogis meditate forever on Aumkara associated with the Bindu, salutation to the
Aumkara, the grandor of wishes and salvation.
- १३ कायेन वाचा मनसेन्द्रियैर्वा, बुद्ध्यात्मना वा प्रकृतेः स्वभावात् ।
कारोमि यद्यत् सकलं परस्मै, नारायणायेति समर्पयामि ॥
kaayena vaachaa manasendriyaiirva, budhyatmanaa vaa prakruteh swabhaavaat;
Kaaromi yadyat sakalam parasmai, naaraayanaayeti samarpayaami.
Whatever I do either by body, speech, mind or sensory organs, either with my personal
knowledge or natural trait, I surrender and submit all to that supreme divine Narayana.
- १४ त्वमेव माता च पिता त्वमेव, त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणं त्वमेव, त्वमेव सर्वं मम देवदेव ॥
Tvameva maataa cha pitaa tvameva, tvameva bandhushcha sakhaa tvameva;
Tvameva vidyaa dravinam tvameva, tvameva sarvam mama devadeva.
You are the mother, you are the father, you are the relative, you are the friend,
you are education, you are wealth, you are everything for me, O Lord, O Lord.
- १५ शुभं करोति कल्याणं, आरोग्यं धनसंपदः ।
शत्रु बुद्धि विनाशाय, दीपज्योतिः नमोऽस्तु ते ॥
Shubham karoti kalyanam, aarogyam dhanasampadah;
Shatru budhhi vinaashaaya, deepajyotih namoostu te.
The grantor of auspices, welfare, health, wealth and prosperity, salutation to you
O flame of the lamp, for the destruction of the thought of enmity.

Balvihar Prayers

Pledge

We stand as one family, bound to each other with love and respect.

We serve as an army, courageous and disciplined, ever ready to fight against all low tendencies and false values within and without us.

We live honestly the noble life of sacrifice and service, producing more than what we consume and giving more than we take.

We seek the lords grace to keep us on the path of virtue, courage and wisdom.

May thy grace and blessings flow through us to the World around us.

We believe that the service of our country is the service of the Lord of Lords and devotion to the people is the devotion to the Supreme Self.

We know our responsibilities; Give us the ability and courage to fulfil them.

OM TAT SAT.