# Curriculum for Culture V

<u>**Teachers</u>**: Asmita Joshi- asmitajoshi65@gmail.com, Charu Varmacharu\_varma@yahoo.com, Kalpana\_Bakshi- kalpana\_bakshi@yahoo.com</u>

## **Objective**

After completing this course students will learn the following:

- 1. foreign invaders to India and their impact on Indian culture
- 2. British invasion and spread of British empire
- 3. Freedom movement and prominent leaders from different parts of India
- 4. Introduction of different religions in India, religious leaders and places of worship
- 5. Introduction of basic principles of Hinduism
- 6. Women of India- prominent women from history to present and their contributions

The course is split in to two parts and includes the following topics.

#### Part One:

- Indus valley civilization and Indian kingdoms- recap from C5
- Invaders of India- North, South, quick review of Mughal rule( covered in C5)
- French, Dutch and Portuguese invaders
- British invasion- East India Company
- Spread of British Rule
- Freedom fight and freedom fighters
- Introduction of Islam and Christianity and comparative study with Hinduism

#### Part Two

- Hinduism: One God, many names, Aum-universal sound, three eternal entities, Matter-earth, water, fire, air and space, Soul-consciousness, Prayer-purpose of prayers, arti, bhajans, japa, meditation, fasting
- Branches of Hinduism- Buddhism, Jainism, Sikkhism, Brahmo Samaj, Arya Samaj, Religious leaders
- Places of worship- comparison(Mosque/Temple/church etc)
- Women of India

There will be a test at the end of each part. 2 classes are allocated for Yoga. Students are expected to come prepared for the class and complete their assignments on time.

### **References:**

1. Story of India- PBS series available on DVD at Balvihar Library

2. Textbook: The Story Of India For Children by Gratian Vas (Blossom Books) Printed by Icon Press New Delhi

3. A History Of India by Hermann Kulki-Preview available on -line

4. Explaining Hindu Dharma-A Guide for Teachers- Edited by Dr. Naval K. Prinja. Published by Vishva Hindu Parishad, UK

5. In addition I use many websites for reference and will inform students of important ones from time-to-time.